

"... faith by itself, if it is not accompanied by action, is dead." James 2:14-18

Hearts&Halos



A Faith-in-Action Project
of Mt. Pleasant Worship & Outreach Center

IDEAS FOR YOUR DAILY CHALLENGE

FREE

- Make a CD of songs about love, joy, peace and forgiveness. Make copies and give them to random people or leave them where they can be found.
- Thank a veteran. If you see a car in the parking lot with a veteran, write a note thanking him or her for their service and put it under the windshield wiper.
- Rake the leaves from someone's yard, especially if they're elderly.
- Leave a used book on the bus or train. Write in it that you have left the book for them, and ask them to leave it behind when they're finished.
- Bake a batch of cookies or muffins and take it to a neighbor, the police station or the fire station.
- Send a note of encouragement to someone.
- Leave sticky notes with inspirational messages on them in random places, such as a grocery store shelf, the mirror in a public bathroom, or on a car's windshield.
- Sign up to be a regular volunteer at a local charity.
- Make amends for the wrongs you have done.
- Call or write a teacher who's changed your life.

REMEMBER TO LET US KNOW WHAT YOU DID. Leave your comments here:

<http://mtplesantworship.com/hearts-halos/>

INEXPENSIVE

- Pay for someone's coffee behind you in the drive-through.
- Pay for someone's fast food meal behind you in the drive-through.
- Leave a big tip for your server at a restaurant.
- Start your own food drive. Get family and friends involved and make up about 50 to 100 lunch bags. Then pass them out to the homeless people you see in your community.
- Leave change in a vending machine or gumball machine.
- Put change in a parking meter if you notice someone's time is about to expire.
- Buy five extra cans of soup or vegetables at the store and drop them off at a local food bank.
- Purchase a couple of extra bags of dog food and drop them off at a local animal shelter.
- Give a child a balloon.
- Hide dollar bills in Target's Dollar Spot and in the toy aisle of The Dollar Tree.

COSTLY

- Pay for someone's meal or dessert at a restaurant.
- Pay the adoption fee for a shelter animal. Leave the correct amount for that particular shelter and ask that they use it for a family that is looking to adopt a cat or dog.
- Send flowers to a family member or a friend, not just for birthdays or anniversaries.
- Fill up the gas tank and/or wash the car for your husband or wife, and then leave candy on the dashboard for them to find in the morning before work.
- Fill a basket with everything a new-born baby needs and drop it off at a nearby hospital for a woman of low income who just gave birth.
- Purchase a few umbrellas and ponchos and keep them in your car. On a rainy day, find someone who needs them.
- Send someone who's feeling down a box of sunshine: fill it with yellow things. This can be yellow candy, lemon cake mix, a yellow mug with a smiley face on it, smiley face stickers, yellow slippers, a great book wrapped in yellow, and so on.
- Give someone a pair of tickets to a game or concert. Or, invite someone to go with you for free.